

An Initiative of the Center for WorkLife Law at UC Hastings College of the Law

## Bias Interrupters

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**Practical** Advice Real-life Solutions Social Science

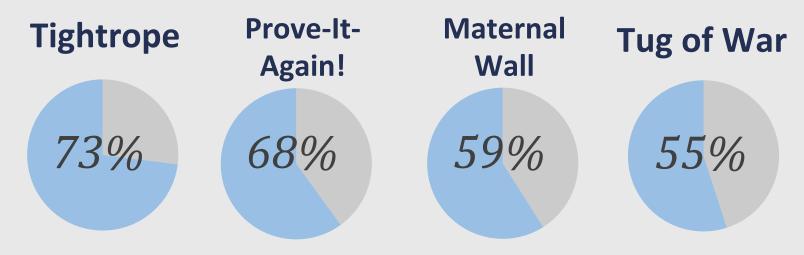
## Huge body of research

- Hundreds of lab studies
- Documenting bias over and over again for 40 years
- Do lab studies describe what actually goes on at work?

## "Any of that sound familiar?"



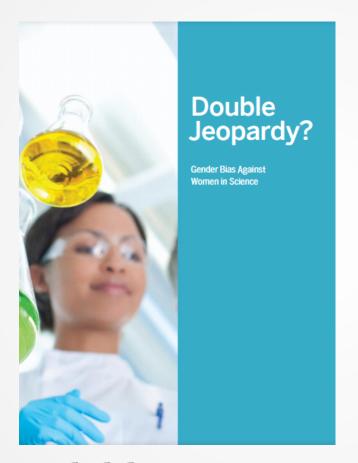
#### Four distinct kinds of bias:



## **Workplace Experiences Survey**

- 10-minute climate survey
  - Whether: 4 types of bias: race, gender, class origin, disability
  - Where: e.g. assignments, performance evaluations
  - Impact: on belonging, intent to stay etc.

How the experience of gender bias differs by race



Explores parallels and divergences between racial and gender bias



Available at www.worklifelaw.org





# 1. INDIVIDUAL BIAS INTERRUPTERS

What individuals can do

# 2. ORGANIZATIONAL BIAS INTERRUPTERS

Changing organizational systems





Knobloch-Westerwick, Glynn, & Huge, 2013; Moss-Racusin, Dovidio, Brescoll, Graham, & Handelsman, 2012; Roth, Purvis, & Bobko, 2012; Davison & Burke, 2000; Biernat & Kobrynowicz, 1997.

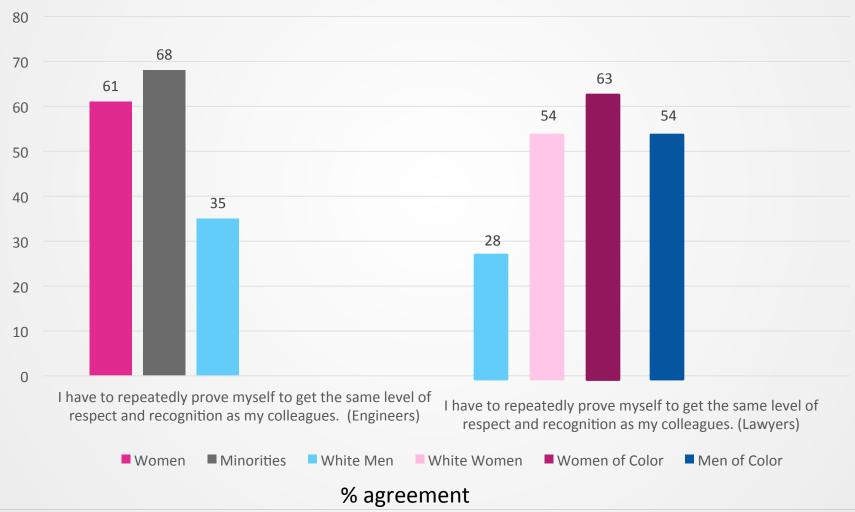
## **Prove-It-Again!**

Benefit of the Doubt

For a woman to get a promotion—it's difficult. I had actually been *doing* the job, without the title or a pay raise, for about a year. But they still needed more time to see whether I was up to it "

Kulich, Trojanowski, Ryan, Alexander Haslam, & Renneboog, 2011; Garcia-Retamero & López-Zafra, 2006; Swim & Sanna, 1996; Igbaria & Baroudi, 1995; Greenhaus & Parasuraman, 1993; Taylor, Fiske, Etcoff, & Ruderman, 1978.

### **Prove-It-Again!**





#### Let Us Equip You With Tools To Interrupt Bias

Bias Interrupters is an evidence-based model that provides solutions. It interrupts the constant transmission of bias in basic business systems, which leads to more diverse and better performing workplaces. Bias Interrupters change systems, not people.

#### Hiring:

Pre-commit to what's important—and require accountability Pre-commit in writing to what qualifications are important, both in entry-level and in lateral hiring. When qualifications are waived for a specific candidate, require an explanation of why they are no longer important—and keep track to see for whom requirements are waived.



#### Let Us Equip You With Tools To Interrupt Bias

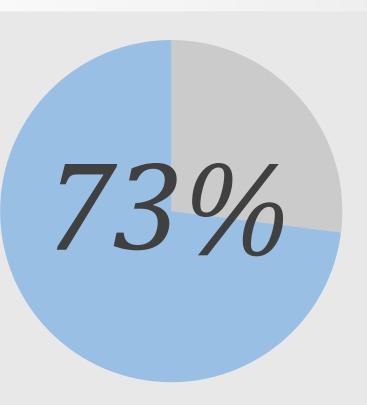
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#### Performance Evaluations:

• Require evidence from the evaluation period that justifies the rating.

Try: "In March, she gave X presentation in front of Y client on Z project, answered his questions effectively, and was successful in making the sale," instead of: "She's quick on her feet."

# Tightrope





#### Prescriptive stereotypes

#### Women are expected to be...

- Nice, and
- "Communal"
  - Helpful
  - Modest
  - Interpersonally sensitive
  - Good team players

#### Men are expected to be...

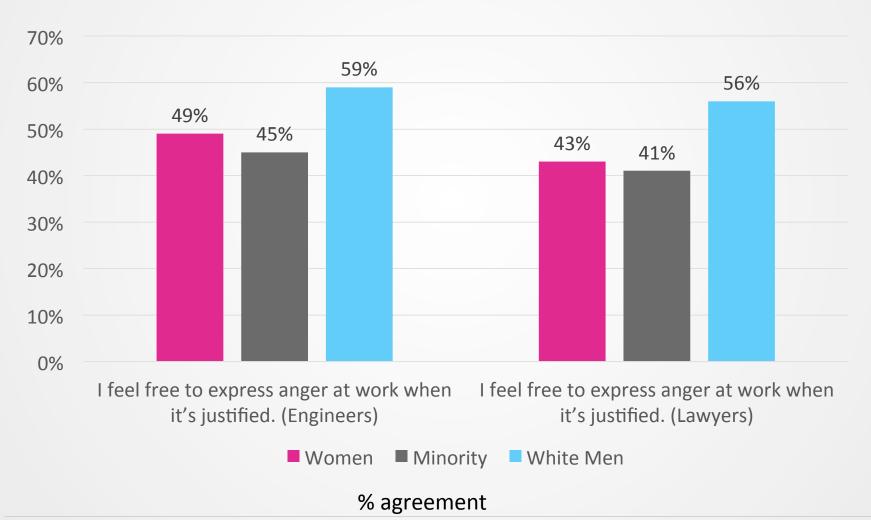
- Competent, and
- "Agentic"
  - Direct
  - Assertive
  - Competitive
  - Ambitious
  - Leaders





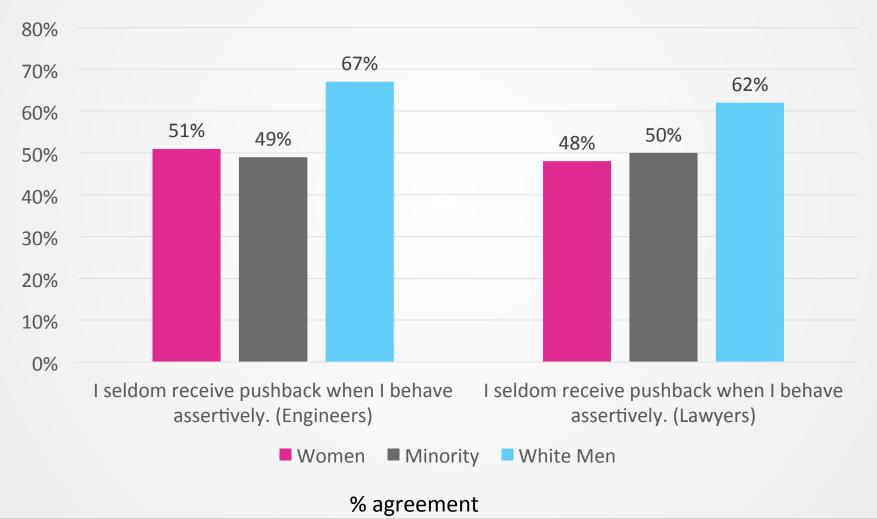
## **Tightrope**

#### Express Anger: Serena problem



## **Tightrope**

#### Assertiveness: Hillary problem





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#### Performance Evaluations:

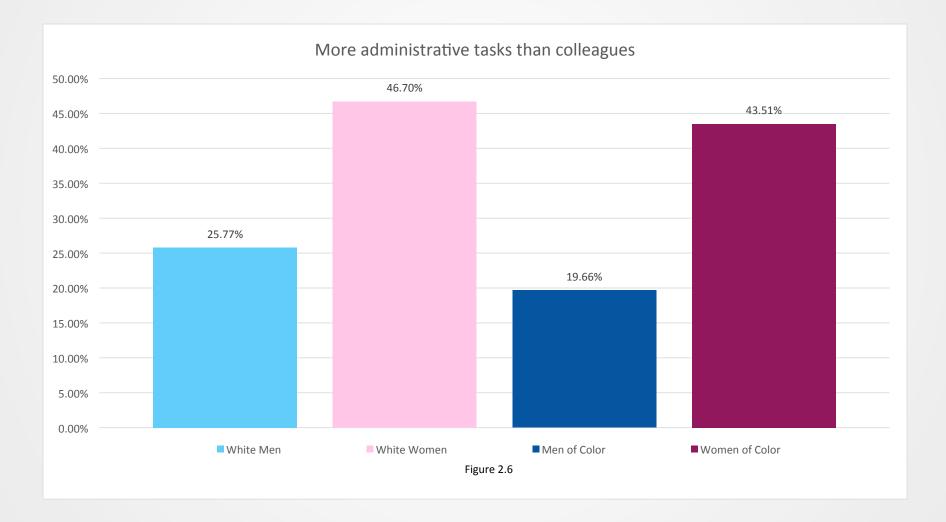
Separate personality issues from skill sets.
 Women are more likely to be faulted for personality faults than men; make that visible.

## **Tightrope**

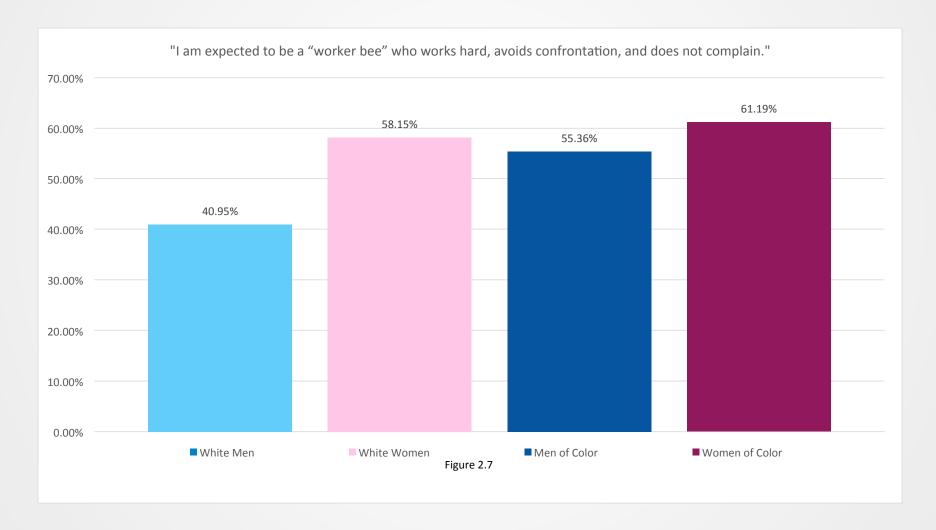
#### Office Housework

- Literal housework
  - Planning parties, getting gifts
- Admin work
  - Taking notes, scheduling meetings
- Emotion work
  - "He's upset. Can you fix it?"
- Undervalued, behind-the-scenes work

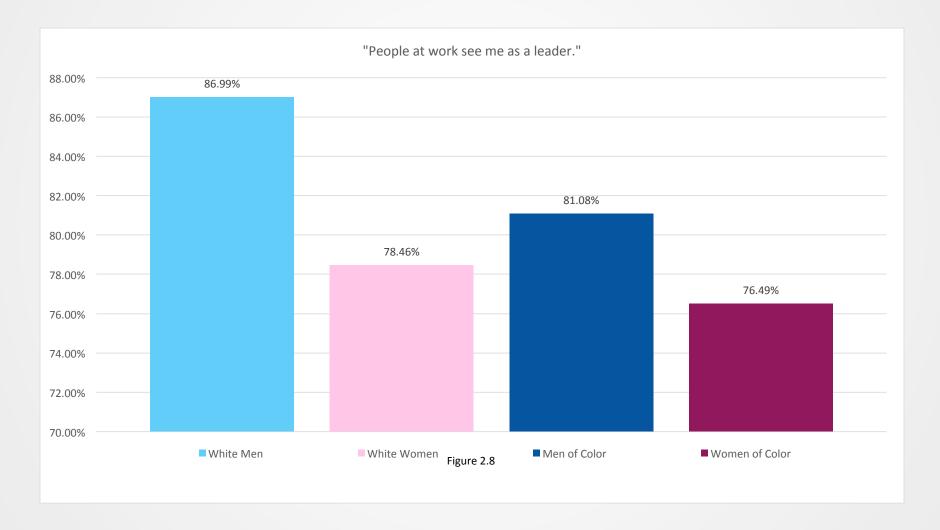
#### **Administrative work**



#### Who's a worker bee?



#### Who's a leader?



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#### Assignments:

Don't ask for volunteers for office housework.
 Women are more likely to volunteer because they are under subtle but powerful pressures to do so. Instead, establish a rotation for routine administrative tasks.

## **Assignments Toolkit**

www.biasinterrupters.org

## BIAS INTERRUPTERS small steps big change 2

Please fill in the blanks below. Put in zero if no time was spent on certain tasks.

tasks.						
				Tell us about the peers you have in mind when answering the previous question		
	On average, how much time did you spend per month on each task below?	How much time do you typically spend per month on each task? (based on last year)	Do you feel you spent more time on this task than your peers with similar seniority and experience (circle answer)	# of peers you have in mind	# of women in your peer group	# of people of color in your peer group
1. Cleaning up after meetings	hoursminutes	hoursminutes	Yes/No			
2. Planning parties and other social events	hoursminutes	hoursminutes	Yes/No			
3. Getting coffee/food for meetings	hoursminutes	hoursminutes	Yes/No			
4. Taking notes at meetings	hoursminutes	hoursminutes	Yes/No			
5. Fetching documents during meetings	hoursminutes	hoursminutes	Yes/No			
Handling logistics and scheduling for meetings	hoursminutes	hoursminutes	Yes/No			
9. Keeping track of paperwork	hoursminutes	hoursminutes	Yes/No			
10. Keeping track of budgets	hoursminutes	hoursminutes	Yes/No			
11. Managing documents and data	hoursminutes	hoursminutes	Yes/No			
12.						
13.						

## **Assignments Toolkit**

www.biasinterrupters.org

#### BIAS INTERRUPTERS small steps big change 4

ASSIGNMENT TYPOLOGY WORKSHEET	
Fill out the worksheet below with specific projects/types of work/assignments that are high-proficategories provided below:	le and
This process applies to: (circle one) Junior Senior Intermediate () Other (	)
HIGHER-PROFILE WORK:	
HIGHER-PROFILE WORK:	
Roles that provide the opportunities to gain new knowledge or become a subject matter expe	rt
(SME):	
1.	
2.	
3.	
4.	
Opportunities to display knowledge to important audiences:	
1.	
2.	
3.	
4.	
Opportunities to develop relationships inside the company that are important for promotion/	comp:
1.	
2.	
3.	
4.	
Opportunities to develop relationships outside the company that are important for	
promotion/comp:	
1.	
2.	
3.	
4.	
Opportunities that grant access to business development resources:	
1.	
2.	
3.	
4.	
Other high-profile assignments in your organization that lead to promotion:	
1.	
2.	
3.	
4.	
5.	

## **Assignments Toolkit**

www.biasinterrupters.org

#### BIAS INTERRUPTERS small steps big change 5

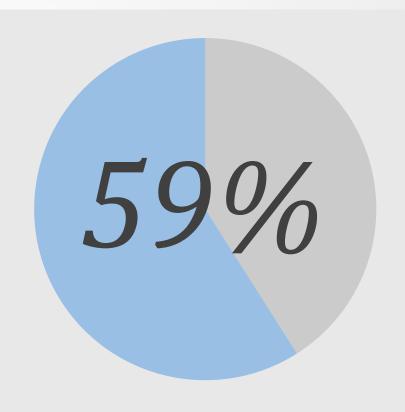
#### MANAGER ASSIGNMENT WORKSHEET

Instructions: Input the specific projects/types of work/assignments that were identified in the manager's typology meeting. Distribute to managers to complete the employee assigned column.

This process applies to: (circle one) Junior Senior Intermediate (\_\_\_\_\_\_) Other (\_\_\_\_\_\_

Glamour Work	Employee Assigned
Roles that provide the opportunities to gain new	Limpioyee Assigned
knowledge or become a subject matter expert	
(SME):	
1.	1.
2.	2.
3.	3.
4.	4.
Opportunities to display knowledge to	4.
important audiences:	
	1.
1. 2.	2.
3. 4.	3.
	4.
Opportunities to develop relationships inside	
the company that are important for	
promotion/comp:	
1.	1.
2.	2.
3.	3.
4.	4.
Opportunities to develop relationships outside	
the company that are important for	
promotion/comp:	
1.	1.
2.	2.
3.	3.
4.	4.
Opportunities that grant access to business	
development resources:	
1.	1.
2.	2.
3.	3.
	· · · · · · · · · · · · · · · · · · ·

# Maternal Wall



#### **Maternal Wall**

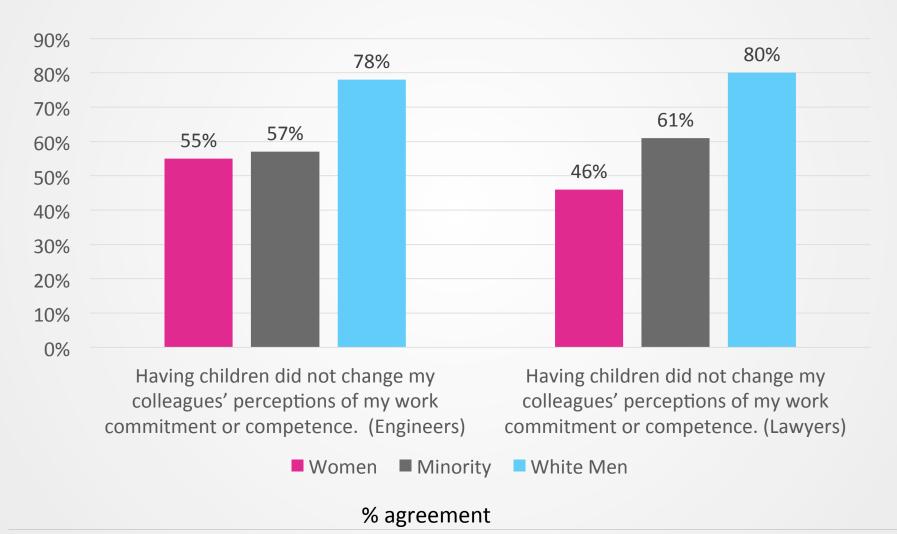
## Negative Competence and Commitment Assumptions

- 79% less likely to be hired
- Half as likely to be promoted
- Offered \$11,000 less



#### **Maternal Wall**

## Commitment and Competence







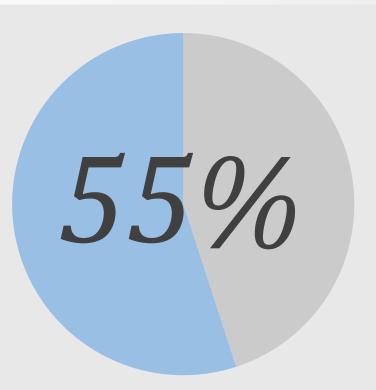
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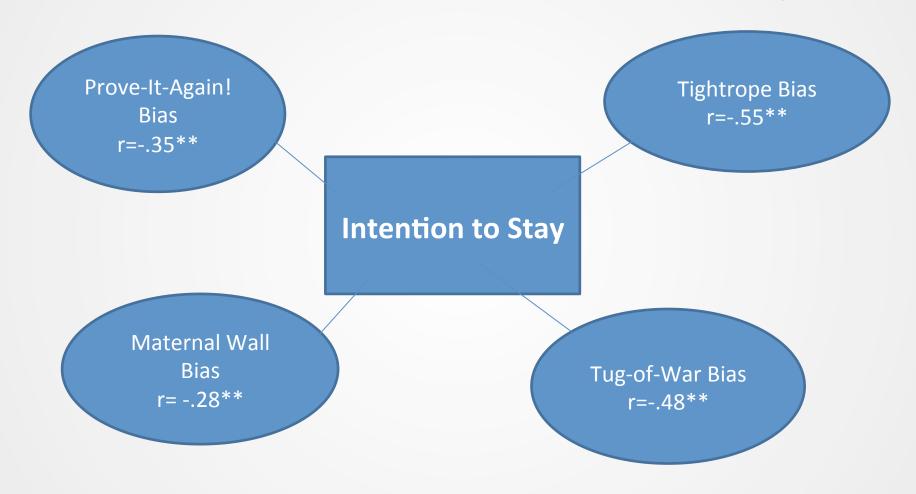
#### Use Metrics:

• Do women's ratings fall after they have children? Do employees' ratings fall after they take parental leave or adopt flexible work arrangements?

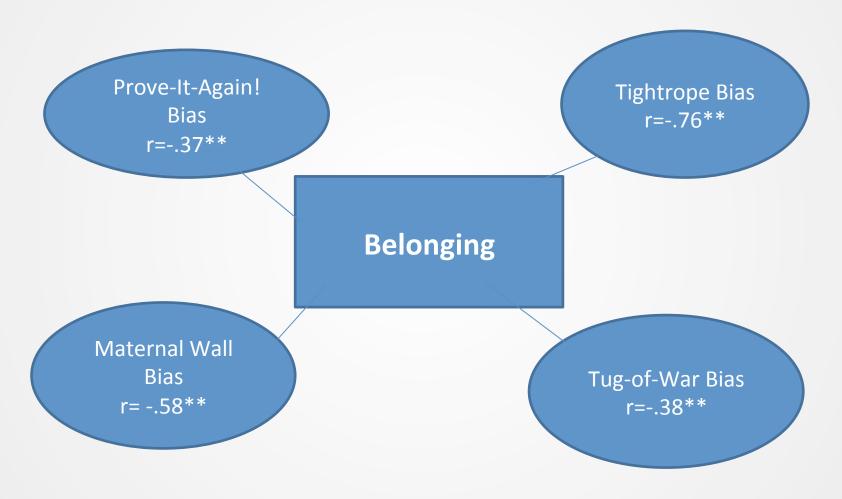
## Tug of War



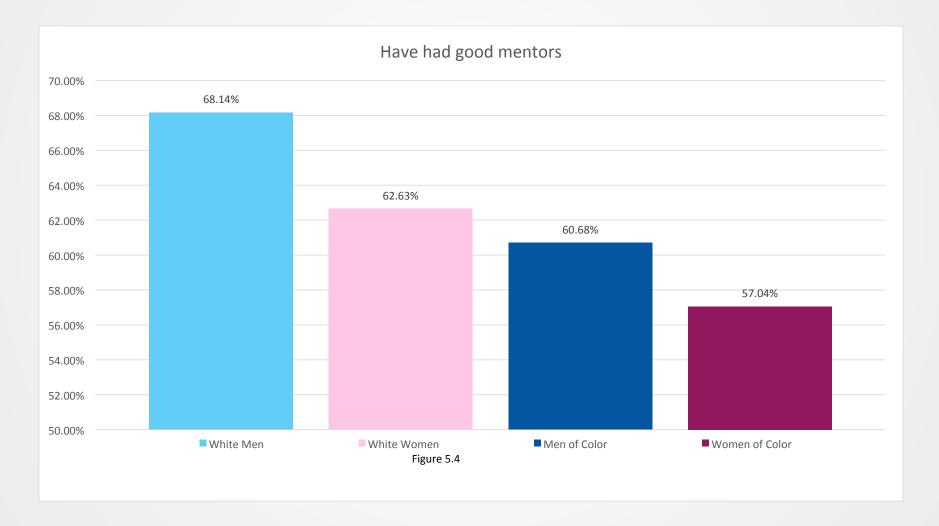
## **Patterns of bias: Negatively** correlated with intent to stay



# Patterns of bias: Negatively correlated with belonging



#### **Mentors**



## Compensation

"My pay is comprable to that of my colleagues who have similar qualifications and experience."

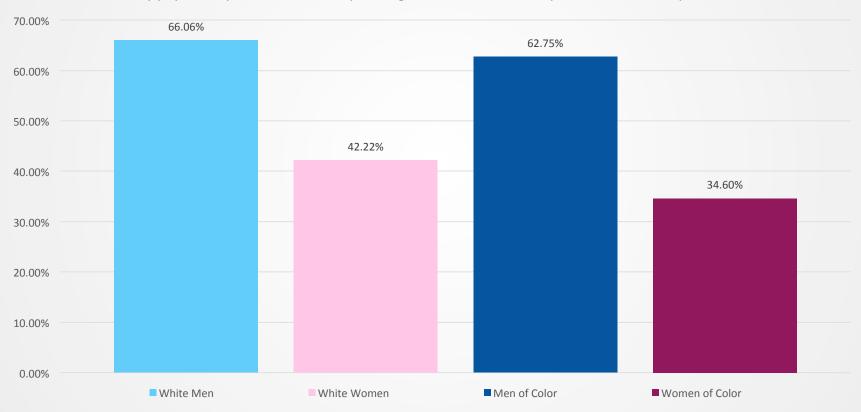


Figure 6.1

## Natural experiment

- Major STEM research org
  - I gave *Individual Bias Interrupters* workshop to all managers
  - Bias interrupter in place
    - If scores more than 1 standard deviation off the mean for  $\bigcirc$  or POC...
  - Workplace Experiences Survey before/after



No bias in performance evaluations







#### Stable Scheduling Study

PI

Distinguished Professor Joan C. Williams

Co-PIs

Associate Professor Susan J. Lambert Associate Professor Sarayanan Kesayan

Randomized controlled experiment in 28 Gap stores

Only prior experiment...





#### **Dramatic** business benefits

# Stable scheduling sharply increased median sales, by 7%

 Gap spent \$31,200 to fund TAS; intervention stores made \$2.9 million in increased revenues

## Labor productivity increased by 5%

Improved retention of more experienced workers

#### **Tools**

- Open-sourced toolkits
- http://biasinterrupters.org/

Workplace Experiences Survey – ask me

 Take the quiz! <a href="https://biasinterrupters.org/bias-at-work/">https://biasinterrupters.org/bias-at-work/</a>